

Hello everybody.

My name is Jill Renee Feeler

and welcome to today's podcast,

I am glad that you're here and let's get started,

let's get a little connection going on here with yourself,

I encourage you to relax your body

and take a couple nice deep breaths here,

ideally in through the nose

and out through the mouth.

Okay and as you're breathing here,

I just invite you to,

there's a lot of ways that we interact with each other

and other people's energy sort of gets in our ball of energy

and it can create chaos in our fields,

and it can definitely reduce our clarity.

So I'm just going to invite you to,

and I'll help you with this just sort of

gently escort other people's thoughts and ideas,

just for the at least for the time today during this podcast,

that you're just sort of like,

Okay, everybody out, I need a little space, I want my time.

And just, we're just going to close the door.

And Let you be you
let you feel you and your thoughts
and your sense of center,
apart from all of these other individuals and their agendas
and their hopes, thoughts, wishes
and dreams for themselves and for you.

Let's just allow space for you.

Some of you probably had this nice sigh of relief with me
and then also likewise,
in all the ways that you may have your energy
and other people's energy fields.

Let's just call it back in.

Let's just gather your energy back into yourself into your center.

All of the hopes, wishes, thoughts and dreams that you have for other people
let them have their journey while you're having your journey.

They're not your project, okay?

They're their own one and you're your one.

So at least just for this time today,
that you give yourself back that energy that you've
allocated or dedicated to supporting another
taking care of another or worrying about another. Okay.

Okay, there we go.

Now we're all here.

Okay, all right

and I'm just sort of fluffing up our energy fields right there.

That feels so good.

All right.

I invite you to wiggle your fingers, wiggle your toes,

touch your elbows, touch your nose.

just reminding yourself that you are all the way in your body suit. Okay.

Oh, my daughter's calling me.

Let's answer Olivia's call.

Just one second.

Oh, she's so cute.

Olivia, my older daughter likes everything in order

and everything in high functioning order

and her emergency was that the blinker on her car

is not working again and anyway.

She's so cute.

She is normally the one that remembers exactly

when the podcast is happening.

So if she remembers later, she'll be like, I'm so sorry.

But it's okay. Right?

Life is continuing.

Okay, anyway, so we were touching our elbows
and touching our nose
and the reason for that is to remind us that in all the ways
that those of us that are into the esoteric and the metaphysical
and consciousness and things
that can serve to allow our consciousness
and our sense of awareness to slide up,
in our energy fields,
and it causes a disconnection
and a decrease in energy,
a decrease in a sense of life force in our humaneness.

I can't prove that scientifically, I'm not pretending I can.

I just see it all the time.

I sense it all the time

and that's not a great way to go through life. Okay.

Okay, so all the way wiggling your toes again,

get all the way in the body suit friends.

Okay, very good.

Okay.

So what are we going to do today,

I do want to extend an invitation, obviously,

to those of you that are returning,

I'm so glad that you're back
and checking in today with this podcast,
I love to offer these to help us feel
and know the light of source energy,
that we are the wisdom
that's available to us in this reality,
tips and strategies for being our best self
and for those that are new here,
we're offering that as well to you
and then also, I just want to point out to those of you that are new here,
because we get a whole
we get such amazingly diverse group of individuals
that check in and hang out here on the podcast
and it makes me so happy
that we're connecting and that's resonating with so many people
and I do hear from people that they don't even really, like,
consciously know why they like it.
It just feels good
and hey, that's enough for me. Right?
But what are we doing here?
I have gifts of spirit, I guess you could say,
related to truth and wisdom and insights and perspective

about this reality that do not come from my human Jill,
they do not come from things I've studied,
or things that I've learned as Jill,
there are things that I just know
and once I realized how helpful it can be to individuals,
it led me in 2011 actually may even 2009.

Anyway, it's been a while
that there were things I just felt like I wanted the world to know today.
So that's sort of my premise with all of these podcasts now around 222.
Number 222.

It just makes me laugh,
that I couldn't have planned that one
wouldn't have thought that would be the case
and my team just said
and that's if you counted correctly.

That's true.

Because there were some
there's some for a while I think I sometimes I did two a week,
sometimes I didn't have a week.

So it may even be more than that.

Anyway, my premise with every podcast,
I don't have a plan, I don't have a script.

I don't have a specific intention.

I don't have notes here.

it's me, in my expanded sense of who and what I am,

like saying to myself what do I, what do we

as my expanded self wish that the world knew today.

Okay, we offer it with love.

We offer it with a sense of compassion,

we offer it with boldness and bluntness

and some messages are softer and easier than others.

I have no idea what's going to be today.

Actually, that's not true,

I do have a sense.

I have a tickle in my throat there.

Just one sec.

Okay, let me get a drink of water.

Sorry, hang on.

Okay, that feels better.

Alrighty.

So I think I know what we're going to talk about today.

Okay, so I'm just going to close my eyes and relax my body.

It's almost like my focus of attention from my brain

and my language center about when I'm thinking I want to say

is going to drop lower into sort of like an elevator dropping
into my heart space
and sort of just seeing
what's there that we want to share with the world today?

Okay, let's start here.

All right.

So the context of the human family is such a core element of identity,
sense of joy, for some
sense of safety and security for others
a sense of literal identity, though, it's,
it's like the context of self within this world,
many people utilize this in a family for that.

And there's a,

I would say, almost everybody in a conversation like this,
felt some sort of, maybe disappointment,
maybe a sense of well, that's not doing it for me,
in terms of the human family
may not have felt like the fit that you had expected it to,
or that you want it to. Right.

So this can lead to a sense of feeling for some, like an orphan.

Okay, or abandoned or cheated, or a sense of unfairness. Right?

For others, it's less dramatic,

and it's more just a sense of
I wonder if I could feel at home
in another group or in another experience.
So it's less emotion based
it's more just kind of curiosity based
where can I feel at home in the world
since I didn't really made me feel at home in my humaneness.
Yeah, I want to add, for some reason,
I had a great,
my family's awesome.
I do have two older sisters
leave something to be desired
and they were not nice to me.
From my perspective,
I wouldn't have treated them the way that they treated me.
Anyway, I don't feel emotionally scarred from it.
I actually feel like I made lemonade out of lemons
and it made me very independent.
It made me not rely on them for my sense of purpose
and sense of affirmation and confirmation.
They were not going to do that for me,
if anything, they were

like, it's almost a

where am I going with this?

My team is just like, you're going,

If anything, it seemed like they took pleasure

in hurting my feelings, which is just so weird.

Anyway, so I, as Jill,

I think became more independent as a result of that experience

and it's very possible that my infinite self actually chose that family

and those siblings,

so that it would prompt the independent spirit that I wanted in this reality.

Okay, see how that can happen.

So then I'm not the product of how my sister's interacted with me

that my sisters were the product of me wanting

to have a very independent sense of identity

and self that not, that did not identify myself as

Oh, I'm the third child of this family

or I'm the younger sibling of so and so

I don't, that's like way low on my list of how I identify myself.

But I'm bringing it up here as an example

that I like who I am today,

I love my life and I love life in general.

Obviously, there's things to not like about it,

but I don't, I'm not dragging with me scars from my childhood

and there probably are scars,

there probably should be scars in some ways.

But I, my family wasn't all there was for me either.

So I can relate to those that are like,

you know what, family,

human family part leaves something to be desired.

My parents are awesome.

I think they did a great job

and I'm still close with them today,

I respect them and admire them today.

Very different from them.

I don't agree with them on everything.

But I have, especially with one parent,

that was a little bit harder, maybe for me to interact with,

there's normally one parent that you just click with,

it's like a seamless, effortless relationship

and then there's typically another parent,

where there's just friction

and it, we don't have to look at necessarily that we're more like them etc.

fighting for space from them etc.

It's just the way it is okay,

you don't need

I don't feel the benefit of analyzing it in any psycho
psychological or psychiatric sort of way.

Okay, so I get it is what I'm trying to say here.

So a lot of us have come into spiritual groups and activists communities,
without realizing that we're actually looking for a sense of place,
and a replacement family. Okay.

The more that you if you tend to be one of those individuals
that's looking for a leader to lead you in your life,
there is part of you subconsciously,
that's trying to replace that parent role
that you felt you didn't get
the guidance that you wanted that you didn't get
the sense of safety that you wanted and you didn't get
or maybe that you got,
but then it was gone or felt like it was taken from you
and you still want it even as an adult.

So we want to raise these issues,
because the more that you can bring those subconscious layers
to the surface of your awareness,
the more you can consciously then interact with the choices
that you're making

and whether you still agree with those choices today or not.

There are some significant disadvantages

to looking for a replacement from your human family.

When you don't realize you're doing it,

there are compromises that are naturally made in a human family, okay.

Just let your energy field just sit like right in this literally seat of your bum bum,

the root chakra the second chakra

just sit with that for a moment at the like,

Oh shit, maybe sort of moments there.

The compromises, right?

You don't even realize you're making sometimes.

Because when it's not a human family,

you have a choice whether to be there,

we can't at this point in our human journey,

we can't re-choose our parents,

we can't re-pick our siblings

and our blood family relatives, it's fixed.

Once you get here, you can't change that, right?

But then there's all these optional quasi family relationships that we have,

hopefully with a partner you felt a choice in that matter.

Hopefully, you felt the choice

in whether you had children or not,

hopefully you feel the choice that you have
in what groups and communities you interact with.
and do you feel for yourself like you are actually trying
to recreate a sense of a family dynamic
to upgrade a past memory or a past pattern
without the conscious interaction of
are they doing a good job at being that replacement for you?
Or is it just more disappointment?
and what are they
What are they,
that community or that
sense quasi family asking of you in return?
and are you willing to make that choice?
More clearly now yes or no.
Because you do have a choice
and I think that's the most exciting thing
is that with these non blood family relationships,
you have a very important choice to make.
Because it relates to what is being supported for you,
in terms of who and what you are,
and how you see yourself in this world
and how you want to be in this world.

What is supporting you in being that version of yourself that you dream about in this reality.

Okay.

Okay.

Now, I want to point out another scenario and that's where you let the orphan sort of feeling feel supported by your you, you're the adult now, hopefully, you know the layers of yourself that can that have comforted and do comfort others, and offer unconditional love and grace and encouragement and inspiration to other people, those same layers that you offer the rest of the world, you can offer yourself, your sort of orphan layers that feel can feel lost and feel confused and feel unclear.

Those are very real aspects of self and when you are asking the rest of the world or a community or an organization to meet those needs for you, but neither one of you is really clearly agreed on the terms of that or how that how you want that done.

Maybe they're not up to the task in a way that meets your standards

or what you deserve.

In terms of attention in terms of,

I want to say quality, purity of unconditional love,
emotional health, right?

There's so many factors that play when you
when you offer that orphan child self up to somebody else,
and you say here, please take care of her. Right?
or please take care of him.

So what if you took care of those orphan layers of yourself?

What if you let those past hurts

and past wounds,

be hurt and be in pain amidst you and your healthy self.

Again, we pointed out earlier

and we invited you to consider that

you've been a healthy emotional support system.

Maybe for other people, you can do that for yourself.

So inviting that orphan layer of yourself into your energy field

into the core of your being, into your heart space, right.

Let's just do a visualization right there. Okay.

Okay, so how do you want to imagine

the sense of the orphan self or selves

or abandoned, Right?

abandoned sense of self.

How do you want to visualize them?

Is it a child out on the doorstep? Right?

Is that a baby out on the doorstep?

Is it a teenager left at school not picked up?

The bus left,

Nobody's picking them up

They're just waiting, embarrassed, scared alone, right?

Yeah, if I'm triggering something, we're,

we're onto something. Okay.

Don't run away from it.

Go to him, go to her.

As the adult you imagine yourself driving up in your vehicle

or an Uber however you get there

a tandem bike, skateboard, walking,

however you want to do it, just go to them.

Imagine yourself opening that door, meeting them at that school

and saying, hey, I'm sorry that nobody showed up for you.

But I'm here for you.

I will do everything I can to let you know how much I love you.

How much I care about you.

How sad I am that this happened that you felt forgotten

and left out in the cold.

I want to invite you in.

I want to make room for you.

Okay, good.

Now you may imagine them responding positively to you.

They may feel seen and heard in a way

that makes them break down and vulnerable.

Do you want to give them a hug?

I hope you do.

And just let that hug last

an uncomfortable amount of time.

Okay, to the point maybe where you're laughing

and they're laughing at the awkwardness of it. Okay.

Remember, this is you

this is you. Okay.

So now that you are alongside them,

and they're close enough to be in your sphere,

your ball of energy, right?

You may want to imagine them

almost like in a sci-fi movie sort of integrating into

where they become or like a Russian nesting doll, right?

But it's more of a holographic sort of experience

and they're taking their place within you

within your embodiment of energy.

Okay, may feel awkward.

I just felt something in my throat

like things I wanted to say.

Maybe to my siblings or others

and I just, I feel that sort of fog in my throat

uncomfortable sort of like

all those swallowed words, all those biting of the tongue.

Okay.

Okay, let your second chakra

let your root chakra

let your guts feel the new edition.

Okay, that's good.

This is all good.

Okay, I feel it in my gluteus maximus.

Okay, remember you are offering a warm space for them,

you're offering a home base for them.

Again, you.

Okay, good.

All right, I'm inviting you to hold your palms up for some reason,

hold your hands up, palms out

and I want you to imagine that that other layer of you
is palm to palm facing you
and then they're folding into you.
So now when you put your palms up,
their palms are your palms
along with your palms
and now you're slowly bringing your palms together, like a prayer.
I accept all of these layers of me.
I offer my me with love.
I offer this adult mature healing center of love
and grace, unconditional love.
I offer this love to all of these layers of me.
I receive all of the special gifts and strengths
and inspiration and creativity and maybe even rebelliousness
that this other layer of me offers my me.
I accept all of the giftedness,
I accept all of those positives
and I accept responsibility which is just
which is just responding to your abilities for the care
and attention and support for all of these layers of me.
Okay.
We've got something very special going on right now.

Okay, excellent job, everybody.

Okay, so part two. Okay.

One of the many logical reasons that you probably left this,
these layers of you and by the way,

some of you will want to repeat that for multiple versions

that you feel have been left out in the cold

that you've been trying to find a home for in the world

to find a home in you please for them, for you.

Anyway, one of the reasons that those layers of you were out there

is that many of us have interpreted this comes up in client sessions all the time,

it did even yesterday with an amazing masterful client

and what happens is that sometimes we feel like

we can't get to our best layers of ourselves.

Until we use words like heal, clear, integrate.

Those are probably the,

release, thank you.

I knew there was another one.

So heal, clear, integrate, release

those maybe less attractive.

We feel like they're, you know, words on a face sort of,

you know, aspects of self that we need to clear those,

we need to release those,

we need to integrate those

we need to

did I earlier say heal those.

So clear, integrate, release, heal,

that we need to fix it basically is what a lot of us are thinking

and that until we do that,

we can't get to the good stuff

and you guys, it is, I really,

really want you to hear this, okay.

You can be your light,

you can share your best layers of yourself

your most amazing versions of you,

in this world as you exactly, as you are today.

Even with whatever those things are.

Okay, I promise you, I promise you

and I know it makes sense.

I know to a logical, intelligent part of us.

It's like, no, no, you gotta clean the house before the house guests arrive,

you need to, you need to have your makeup done

before you go on the stage.

You know, there's all these, this happens first

and all the sequential logical pieces

we organize as our sense of who and what we are
and what we can do when.

They're wrong, just wrong.

I'm telling you, they're wrong.

You don't need to fix those things
before you get to the good parts of yourself.

I know this from experience.

I wouldn't have been sharing since 2009.

Had I taken the approach
that I needed to fix everything first. Okay.

All right.

Let's just be super clear about that.

So am I saying that they have things
that I wish I could clear, heal, integrate and release

Yes, I do.

am I sharing anyway?

Yes.

Am I offering sessions?

Yes.

Am I owning my mastery?

Fuck yeah.

Oh, yeah, I am.

Because what I know,
and what I really, really want you to know,
is that your infinite light,
the light of source energy that you are,
those things are not in it's way.
They are not in your way.
But you think that they are, right,
your brain is saying no, no, if I,
if I share now, like I'm not ready, I haven't fixed those things yet.
Here we are, again, back to that place of the
being in the green room versus out on stage. Right?
and it's just wrong.
I don't know if I can actually convince you.
I'm just begging you to try it out.
What if you just tried something out that you've really,
really wanted to do or be
in spite of those things still being there?
Okay, just please just try it.
Just try it out.
I think you're going to surprise yourself.
Okay. So I have created a home within myself as Jill
for the hurt little Jill that felt like it was unfair

how she was treated as a child from my two older sisters,
who still don't

So guess what, I don't really ask them to play a role
in my sense of who and what I am
because I'm the adult now I'm not trapped,
sharing a room with either of them.

I'm not trapped in my family's house with them.

I'm not trapped being a 12 year old in a world
that doesn't know what to do with a 12 year old. Right?

Yeah, I get, I am the 49 year old
with my own house and my own bedroom.

So I don't have to play by the rules anymore.

So I get to decide how much I interact with them as the adult that I am
and what oh, yeah, here we go.

What I realized at some point is
if these two beautiful women who have amazing gifts
and strengths in this world,

if they weren't my sisters,
I wouldn't be friends with them.

We don't bring out the best in each other,
we don't resonate with each other,

I think they would probably say the same thing about me.

We just, there's friction.

So I'm not playing this game.

I'm not living this illusion,

that I'm here to fix those relationships.

I'm not pretending there's karma.

I'm acknowledging that we don't bring out the best in each other

and I'm showing the love and respect for myself,

that I don't want to make time for optional relationships

as an adult that I am now,

for individuals that do not bring out the best in me

and I don't bring out the best in them.

I don't want to make time for that.

I don't need to make time for that.

I'm not pretending some myth

that I'm here on the planet with them as my sister

so that we can resolve these differences.

That's a lie.

A lie that keeps individuals in unhealthy relationships,

unnecessarily distracting them, depleting their energy,

banging their heads against the wall

because they don't have it figured out

trying to make salt and pepper go with ice cream.

They just don't go together.

They just don't.

I can now be okay with that.

Okay, so do you know who's celebrating when I talk about that those little Jills.

Thank God, is what she's saying.

Thank God, that it's over. Right?

that I can let them be them

and respect the individuals

and the adult women that they are while respecting

and loving the individual adult woman that I am today.

I deserve that.

I feel like you deserve that too.

So I don't know what versions of forced relationships you're trying to make go together.

Every, you know, like, maybe the salt and pepper goes with the ice cream now.

No, it still doesn't go together.

Oh, I must be doing it wrong.

What if you're not doing it wrong at all?

What if they just don't go together?

they just don't, it can be that simple.

Okay, now we're bumping into a lot of stories,
a lot of spiritual so called truths that are not truths.
They're manufactured myths
and hypotheses that are flawed and wrong.
I can't prove it to you scientifically.
But I think if you really allow yourself
to step out of the truth and look at it,
and say, wow, what if that was never true,
that I needed to resolve that friction in that relationship?
What if I can just say, hey,
there's friction between me and so and so
there may always be friction between me
and so and so?
What if they can be them?
and I can be me
and with distance we're better
with separation, with a sense of individuation.
The gift of individuation on Earth,
that they can be there one
and you can be your one.
But we're family
I mean, okay, now you're running into the stories, this is good.

bump into the hallways of all the stories
that have been keeping you in that relationship
trying to make it go together,
bump into all of them
and look at them
and listen to yourself, say them out loud.

But we're family,
families are supposed to go along
or get along and go along.

Since when?

Where is this?

Where is this true?

Are there families that get along well,
and there's no friction
and they're all chill
and they all bring out the best in each other?

Yes.

But if it's not yours, then it's not yours. Okay.

Yeah, think, just keep going with the,
but we're supposed to be together as siblings to take care of each other
when there's no one else here.

Oh God.

Oh my God.

Are you sure?

If it's up to my sisters to take care of me as I get old

I am so fucked.

Oh, my God,

I just, it makes me laugh and horrified.

At the same time.

They'd be the, I may call a stranger.

Before I call them to take care of me.

Oh, it just makes me shudder.

Yeah, I can make better choices than that

I think you can too.

Okay, so there's a lie, right?

That's a lie that our parents think too, by the way

and okay, so let's play that.

Let's use logic on that one.

Actual logic, not pretend logic.

Okay, not delusion.

Okay, so let's play that back.

Do your parents have a relationship,

If they have siblings in their elder years?

Or did they?

Probably the answer's no,
for the vast majority of it,
well, no.

Okay, then where did this come from?

I think it's so

it's so funny

and frustrating that there's many things
that we do as parents and as children.

Okay, one thing is that if we had a not so great relationship with our parents,
because we recognize how different that they are.

We forget that when it comes to our own children,
and we pretend that our children are just like us,
and that we're going to get along so well.

It's like, okay, but wait a minute,

if my children end up, sort of viewing

and perceiving me, like I view

and perceive my parents then

oh, yeah, we're individuals too. Okay.

Yeah and in the way that you with your adult,

if you have siblings,

your adult or maybe even maybe your

in your more senior years, right,

if you don't have a great relationship with your siblings,
why would your children if you have children
have a great relationship with their siblings, right?

We seem to think that, oh, the next generation,
it's going to be different.

There are some things that continue.

individuation always continues,
and some individuals go together,
and some individuals don't.

Blood does not fix it.

And blood does not always go together.

Yeah, okay.

Alright, okay, so going back to this idea
that we need to resolve and release and heal and integrate
all these other sorts of things about ourselves that we don't like,
if they're really not in the way of your light, which,
which I know is true, but you may not know is true, you're not
may not believe me, I'm just asking you to try it out. Okay.

What you're,

what I would put a, like a money bet on
is that what you will find is that your light
is far stronger than you are giving yourself credit. Okay?

Because the show doesn't need to be perfect
in order for your light to be on stage as you from within you, in this reality.
Okay, so now bump into all the false truths there. Right?
Well, what aren't I a hypocrite if I'm pretending I have wisdom,
but I haven't,
I haven't fixed everything in my life.
Since when does holding wisdom come with this idea
that there's some sort of idyllic perfection in the carrier bringer of that wisdom?
That's such nonsense.
If you have a spiritual teacher,
someone that you're listening to,
or getting supported by that is under the impression
that they're able to now be their light
because they've worked with their everything.
I don't believe, I don't believe that.
That certainly isn't,
I'm not saying you're not getting anything good from them
and not getting any support from them.
I just think that there's some very different versions of self awareness.
I think if you got to know them more personally,
you'd see for yourself that there
there is some maybe impurities there

and so what?

again, that doesn't make them a fraud,

that doesn't make them a charlatan,

it means that they are,

they have a humaneness

and that they're able to demonstrate it obviously

if you're listening to them

and feeling supported by them or,

or they are your master teacher or whatever role they play, right.

Obviously, they're demonstrating some mastery in some

I want to say say enlightenment, version vibration, that is,

So they're proving to themselves that they are that

and the other part, they just don't know.

The other part if they're not acknowledging it themselves, right?

It's easier to hide something from the,

from the world, from the public.

If you don't acknowledge it yourself, right.

I tend to not like people like that.

Because I just feel there's a lack of depth there.

I feel like they're not getting all of the juice out of their

out of their soulfulness, out of their infiniteness.

By their not,

not only accepting but feeling personal responsibility
for those other sort of fragmented layers, right?
Yeah, I know that my work has gotten a lot better.
Since I started whenever it was in 2009
and that was with kind of channeled,
I look at it as interdimensional communication,
because I'm not channeling anything other than myself as my infinite self.
But anyway, since 2009,
I feel that I was sort of, you know,
experimenting with what it felt like as Jill
to operate as the light energy that I also am
and then as I got more clear with it,
and was so blessed, interacting with different individuals,
and was able to see different ways of self awareness
and different approaches to, you know, blunt honesty
and like, oh, that's a part of myself, I don't really like too well,
and what am I going to do with that?
How about love her?
How about acknowledge her?
How about just, you know, accept that
that's a layer of me that I don't like as
my infinite self isn't troubled by it.

So why should I be?

and it's just something to be aware of, right?

I think those layers of you are actually quite funny.

My favorite of my least favorites is the part of me, it's Jill,

that just is so bothered,

when I feel like somebody's thinking I'm unintelligent,

it's the funniest trigger to me ever,

because I just, again,

the more you expand your consciousness,

ideally, the more you're also aware of self

and that these funny, all the layers of you sometimes that are just like,

oh my God, there she is, right?

So I get this a lot in a customer service environment

where I'm the customer

and somebody else is supposed to be taking care of me

and maybe I'm not articulating something right

and they just gave me that look like,

like, they look at you like you're stupid

and I know I'm not stupid

and for some reason, it really bothers me

this layer of Jill, if somebody thinks I'm stupid,

oh, man, this version of Jill is just like,

all right, we gotta,

where's the SAT scores?

Somebody get them quick.

Where's the resume?

Somebody say something smart.

Or my least favorite response as that version of Jill

is I want to take them out, like at the knees with wit

and like, oh, who you talking to?

You know what I mean?

So that version of Jill, sometimes she takes over

and she gets control of my mouth

and she says things

and I'm in the background going,

Oh my God, there she is.

When is this going to be over?

But on my best days,

I sense that temptation of that layer of Jill

and it's almost like,

like you would with the teenager version of yourself

that you're also your adult self

and you're like, oh, whoa, hang on.

Okay, I get it.

You might be right, but they think we're stupid.

Come here,

You just stay right here.

Okay, it's gonna be okay.

Okay, let me handle this.

So sometimes I'm literally like smiling and sort of laughing

as I'm interacting with the person

that I do think is thinking of me as stupid in that interaction

and I'm just like, okay, I am literally like that

and I'm like, okay, so

and then I just kind of redirect like,

how are we going to solve this problem?

or how can you help me?

Or what do I need done?

You know,

and I just sort of avoided or anyway,

I handled it with a lot more class

and a lot more emotional maturity,

that that bigger part of me doesn't care

whether they think I'm stupid or not.

Because I know differently.

Now, does that mean I know everything?

Do they know more about the HVAC system in my house than I do?

Yeah, they do

and I'm glad they do, because that's why I've hired,

I've hired them maybe, right?

So but that other version of Jill,

man, she just gets really triggered.

So anyway, that's an example of it in my world.

Okay, so maybe think of those examples for yourself.

When do you have those moments,

where you feel like a less conscious layer of you takes over

and you don't like it

that you don't like the feeling of that,

that version of you expressing itself.

It's not a part of you that you like,

okay, those are awesome scenarios to just play with

and just again, let

now that you've integrated them, hopefully,

in that experience that we did earlier,

you're a bigger ball of yourself,

so you can be more aware

and notice the rising energy of that individual,

that layer of you and just be like,

Oh, that's the one that gets mad, that gets sad.

That gets passive aggressive

that says stupid things,

that makes trouble for us.

I mean, whatever it is talks

like we know everything.

Talks like we know nothing.

When I do know, we know something, right?

There's so many iterations here, that could be possible.

It's all okay

and the more you operate from your light,

the easier it is for you to make those choices

to recognize those temptations within yourself

to be a version of you that you like in an increasing number

of moments in your day, in your week, in your year, right.

This is progress.

This is an upgrade. Okay.

Now, here's the other part, though.

I'm not expecting those layers of Jill to go anywhere.

I think they're going to be with me the whole ride.

I actually think they serve me in a lot of ways.

I think it's important for me as a credible this,

that I know myself as an intelligent,
well spoken, well educated individual.

So I kind of like that part of my structure.

if I operate in a less conscious way from just her,
do things go badly and do I sound like an ass?

Yeah.

Do I hurt people's feelings and make them feel stupid?

Yeah, and that's the last thing I want.

As my authentic me,

the last thing I want is for somebody to feel that was thinking
that I was stupid that I win by making them feel stupid.

Bragging that I have an MBA or something.

So what?

They still know something I don't know about the HVAC system in my house.

Yeah, so there's no contest here, right?

Anyway, so they don't need to go away.

Hopefully, if you're getting any benefit

out of anything I've done over the last,

you know, since 2009,

if you're reading some of those initial channelings that I did,

they are still there.

I think they're all still on my website.

That's so funny.

Anyway.

Okay, so hopefully, I've proven to you

that I can have these less conscious,

less likable layers of Jill

while also being this representative of truth and wisdom

and love and compassion

and human strategy for progression and human evolution.

Somehow it's both,

I kind of wish it was just the good stuff

and there was none of that other stuff.

But number one, I don't,

it doesn't need to be just the one, it can be both.

I think that's great.

Also, I don't think it's possible.

I really don't, I feel a lot of people are

going to use the exaggerated may be here for effect.

I think a lot of very savvy light beings in this reality

are wasting a lot of time, a lot of energy and even money, major money,

trying to release, trying to clear, trying to heal and integrate

all of these fragmented layers of self when another approach

we've just done today is to

why not just make a home for all of it
and if you take care of it, you feel responsibility for it.
But that's an issue for some
they don't want to take responsibility for it
because they'd rather blame somebody else.
that part of me that feels like I know it all, right?
and that wants to show I'm smart is probably pissed off
that I you know, was only able to go to BSU, dammit.
If my parents had money,
or they you know, got me a tutor.
I probably could have done even better on my SATs
and maybe gotten into a school that people actually know. Right?
Doesn't it sound like a belligerent,
ungrateful, 18 year old that wants to blame somebody else.
I went to Boise State, so what?
I got a great education.
I stood toe to toe meeting to meeting on teams
with some of the brightest people on the planet,
literally at Hewlett Packard, they hire the best of the best
and I got in, I got accepted.
I worked with them.
I you know, I led projects.

I mean, if this is,

I got picked for projects, to lead projects anyway.

So, okay, there we go. Right.

So we can always have a part of us that's holding a grudge about something which prevents us from feeling that ability to say,

okay, there's a layer of me I don't like,

it doesn't matter why he or she is there.

In myself, let's let go of the grudge.

It's a disempowering storyline.

That's not going anywhere good.

It's not going anywhere good.

How long have you been trying?

Just I mean, the ability to also be honest with yourself

and say, okay,

just what if I'm right,

what if Jill is right,

that this is not going anywhere?

Some of you may get pissed.

But, but, but, but I don't want that there.

I totally get it.

It doesn't mean it's going anywhere.

You can have all the great intentions in the world

for clearing, healing, integrating, releasing

any of those layers of yourself

and that doesn't mean it's worked yet

and what if it never does?

I'm holding space for a truth for you,

not just in the future.

But now that you give the credibility to your light base layers,

the infinite layers of source energy that you are right now.

They're right alongside all those quirky layers of you

that you don't like or that are in pain

or that are hurting or whatever the situation is.

Yeah.

Okay, so you can prove this to yourself.

The best way to prove I'm right.

I just felt a part of Jill going,

Yay, see, we got a point.

Jill's right.

It's a competitive version of me.

I Admit.

Okay.

Okay.

All right.

So anyway, it's not about me being right, it's about you winning.

Okay, we can all win with this.

If I'm right, that you can be your light,

even though you may have those pains, those traumas,

those layers of you that you don't like

those versions of you don't like, right,

the best way to prove it to yourself is to actually try out the thing,

the version of you that you really, really want to be,

or the thing that you really, really want to do

and here's what's important that you have full control

over how the experiment goes.

In other words, it is a failed try.

It's a screwed up test.

If how you do depends on how other people respond.

Okay, because you've just handed your power away.

That, oh, well, okay.

Yeah, I did what you did Jill,

I felt like I have things to share with the world

and I shared the video and eight people watched it.

I failed.

No, you didn't.

If your objective was to share something with the world,

because you feel you have a sense of wisdom
and truth and inspiration and love and healing and compassion and whatever.

If you feel you have that,

then I think as your sister in this reality,

that your objective should be that you shared it.

I'm not saying anything about who heard it or who didn't.

or how many watched it

or how many clicks or views you got, okay.

Part of you is not going to like that. Right?

I totally get it.

Yeah.

told you, I got a system it works.

You're listening, I got you.

Alright, receiving some benefit from this.

So I think I have something to offer.

Okay, I get it that my model

and my approach is completely opposite

of what most people will recommend really,

really well paid like consultants and social media experts and influencers.

I totally get it that my advice to you is completely at odds with

what they may be saying.

It may be that I disagree with them.

It may be that we're both right.

It may be that I don't care what they think.

I'm not offering this to also advocate
and validate what other people are saying.

Maybe what they do works for them.

Maybe there's a part of their success, they
you don't see that they're not telling you. Right?

That they paid for 80% of those subscribers.

I don't know what's going on. Right?

I'm just telling you what I know works.

I know, because it's worked for me
and I know because it's worked for other people. Okay.

Okay, now, if you're running into a part of you that's saying,

I really want to do something like you do for a living,

but I haven't been able to make it successful

and I it hasn't been able to pay the bills,

then please, please, please watch

and listen to podcast number 221. Okay.

It's another reality check, I'll admit

and the summary is expecting the world to pay you for your passions,

or just pay you for things because you want to offer it to the world,

I think is unfair, unrealistic,

And

naive, childish, fancy.

Take your pick,

I think it's all those things. Okay.

I think it's, I do think it's arrogant.

I do expect the world that

well, I want to do this, you should pay me for it.

It's like, okay, right.

I don't need any more paintings in my house

I mean whatever the case is.

There's a lot of people walking around

that they don't feel like they need a reading

and all they experience is the free stuff on YouTube.

I'm offering it free on YouTube.

So do I feel like anyone could benefit,

Anyone on the planet could benefit from reading from us?

Yeah, I wouldn't be offering them, right?

I love to surprise people

with how amazing a reading is with our team

and my team and my gifts in that way.

But I also want the world to know this today,

whether they get a reading with me or not.

So is, could part of me get totally just almost pissed off
all these people just doing the free stuff.

Well, you're offering free stuff,
What did you think will happen
If I go through whole foods
and there's free samples, right?

They are free,
It didn't say I'm not gonna like you if you don't buy it.

Anyway, it's
it, that's okay, this I can choose to let this be okay.

What I really want more than anything is for you to know how amazing you are.

What I really want you to know is that those things
that you don't like about yourself
are not bothering your infinite layers at all.

That your infinite you is offering you a level of grace
and compassion and understanding that Earth is hard
and humanity is not easy and that it's okay.

It doesn't matter.

Of course, it matters if you're in pain, right?

But these quirky little layers of my Jill
my infinite self isn't like,
if we could just get her to,

to not care if people thought she was smarter

then we'd be ready.

No, thank God, my infinite self isn't saying that. Right.

You can make it all work together.

But you won't know that until you try to be

or offer that layer of yourself that you've been just

ready and dedicated to getting to

get to it now,

show yourself that you can get to it now.

There is a conspiracy layer here.

Because of this age, being what it is.

I forgot about this.

Oh my God.

I had this upload earlier in the week from my team

and I was like, oh, there's

those of us that have connections like this.

You guys know what I'm talking about?

There's just those moments really like,

oh, that's so important.

That's so good.

I need to remember to talk about that

and then I forget,

I don't talk about it

and here it is right here.

Thank you team for reminding me.

Okay, so this is a bit conspiratorial,

And and so relevant, okay?

Because this is why this chain of this,

then this, then you get to the good stuff,

you fix this, you resolve that heal this,

you release that and then you can get to the good version of you, right?

This is why this this stupid chain of bullshit is here.

I'm going to tell you, right, you ready.

Okay.

Any of us that acknowledge or suspect that we were born with gifts

and abilities that are not normal

In the human form and framework that we are interacting with

We had to get special access to bring that in.

Okay, so you can sort of imagine

a line of infinite selves in line

for they don't,

we don't stop being our infinite selves

when we incarnate you guys.

Okay, but we are in line saying, yep, I'm going in.

Yeah, those are my parents.

This is my birthday.

This is my birth time.

These are the logistics.

Yes.

I'm aware of the possibilities

and scenarios that that may or may not happen in this lifetime.

I Yep, I agree.

Yep. Okay, I'm going in.

Okay.

No, yep.

I know.

I'm going to forget, yep.

That's part of the system.

That's part of that timeline.

Yep, I'm good. Okay.

What we sometimes underestimated is not as our infinite selves,

but once we're here

we feel that sense of sacredness

we feel that transcendent of time sort of version of ourselves,

we feel this creator ability that feels powerful enough

to change this whole freakin world. Right?

and we feel the sort of baggage genetic damage from our,
from our bloodlines, from our ancestry,
the heaviness of this reality,

God, I gotta pay my bills, I gotta support myself.

Geez, this is totally unfair.

This is not what I signed up for. Right?

I thought it would be easier. Right?

Okay.

So with that,

there is a structure in place here that is meant to break our light.

It is every almost everything other than ourselves and each other,
in this reality are structured to make a delineation

between the light of source God

and what we are here. Okay.

It just is,

this is the age that we chose,

at some level, we chose this age, right?

and it's like, Oh, my God.

Right?

Forgot about this part, right?

You guys, this is why I do what I do.

Because I see this stuff

and I'm like, I want to communicate.

I want to be here as a fellow member of the bringers of light saying,
hey, guys, remember this, Right?

Please don't fall into that trap.

Oh, there's another booby trap.

Here's another land mine.

Oh, careful.

You know, are you pretending that you need to get rid of all this stuff
before you can be your light?

Oh, that's a lie you falling into

It's a conspiracy

It is.

It's nobody's doing anything to you.

It's the nature of this age.

Okay, it's not personal.

Okay, you don't need to think of a bad guy.

It would be like going to Alaska in February
and saying, well, I brought my bikini.

I thought it was going to be nice outside.

It's not, deal with it.

Go buy a freakin parka.

Get your boots on, you're going to get frostbite.

Okay, so accepting the environment for what it is

and for what you are. Right?

You can wear a bikini under your parka

or your swim trunks or whatever.

Nude, I don't care.

I just want you to know

You're the light of source even in Alaska in February.

Okay.

Okay, because there is there so much that's distorted here.

Again, the whole system here is meant

Okay, so do I get annoyed, frustrated, pissed off

and just exasperated by all of the different ways

that there are false teachings, lies about things,

you know, millionaire making businesses trying to help people

clear their energy fields, as if

and then I can be my light.

Well, you are you're light, even when you weren't clear, honey.

Okay, you just were

Why didn't they tell you that?

Because they don't know.

They were lying to you.

They were trying to sell you something as a lie.

They really believe it.

They actually believe that in order for you to be your light,
you need to have cleared all of this other stuff
and guess what?

Every time you show up for a session,
there's something else to clear.

I wonder what that is?

Because you're not doing anything wrong.

Okay, you're not.

So this, somebody used another metaphor,
the car, right?

If you have a car that you drive,
it's going to get dirty,
you're going to get dead bugs on it.

You're going to,
it's going to get dusty, it's going to rain.

It's going to get muddy.

Whatever. Right?

So if you like a clean car to drive around in,
then yeah, good clearings.

But please don't have the expectation
that it's a one and done

or that you're going to get a series
and then you'll never have to go back.

That would be I would never tell someone that the car wash.

You know, if you do this enough times,
you'll never have to come back.

Your car will stop getting dirty.

So fabulous.

Did you buy that package yet?

Oh, you didn't?

Oh, you did, but it didn't work.

Oh, you must be doing it wrong.

Maybe you should try that car wash.

No, it just gets dirty.

It doesn't matter.

It's still a car.

It still drives.

You're still light.

You still work.

Your light still works

and you get a dirty car.

So what?

So what?

It's okay.

It's all right. Okay?

Okay, big stuff today.

I love what we did.

and I hope we had fun.

I had fun.

I hope that you guys had fun

I'm very animated, very energetic.

Okay, let me give some updates

and I want to see if you guys want to chat

or ask questions or share your insights.

I said about a month ago

that I was disillusioned with keto

because it didn't work anymore and I was wrong.

I don't you know,

I think there are different factors

that can be at play with your health

and things like that, that you can be doing.

You think everything right

and it's not getting the results.

All I know is that I have been doing.

It's kind of paleo kind of keto.

It's probably more keto though.

Anyway, I just, it's amazing.

Excuse me what can happen when you stop eating?

chick fillet,

with the fries

and the chick sauce

and the Coke Zero, right.

I haven't had a soda pop like soda in three weeks.

Yeah, I think it's three weeks.

So all my drinks have been water, tea,

organic coffee with like half and half

or a coconut milk

and some maybe like two stevia sweetener packages.

unsweetened iced tea.

What else have I been drinking?

San Pellegrino which I think is causing like a burping sensation

that I don't like because the carbonation.

Anyway, there's a San Pellegrino just like a flavored water.

I don't like Perrier for some reason,

I just feel like there's something off about the Perrier.

I don't, I can't explain why.

Phosphorus depletion of minerals in my bones.

I don't know.

I don't I don't feel led to Perrier.

Even though I used to drink it when I was 13 in high school.

I liked it.

Anyway.

So the keto and eating like actual foods

and cooking for myself again and not eating out.

Or when I do eat out,

I'm super picky about what I eat out

and maybe like a whole grain bread, like once a week,

like on a sandwich or something

but just really conscious about what I am eating

and why am I eating it I get through three days normally of eating that way

and all the cravings for the crap.

Even the sweets and the carbs is gone.

It's so cool, you guys.

Yeah, so I'm back in it, I hope I stick with it.

I think if I stay with it through at least the next October,

I think another 90 days

and I'll feel like superhuman Jill again and including physically,

it's amazing the impact it can have on your brain

and your energy and your sleep quality and your skin.

Obviously, your size, your,
all the inflammation in your body from eating,
all that crap starts to go down.

I'm not religious and dogmatic about food.

I feel like a lot of people and we've already talked about this,
but I do want to put it here because so many of us have bad patterns.

I feel like a lot of people,
rather than actually make changes, any changes of improvement.

They quibble and debate about, well,
maybe this is better, maybe that's better.

I mean, like while they're eating, like the french fries
and junk, or soda pop or whatever.

Which is silly, I know.

But here's the thing,
and I'll try to remember.

Jill will try to remember to input a link here about
what's really going on in the gut microbiome that's causing you to eat things
that you know are unhealthy, okay
and it also is causing individuals that have done what they think is right,
to get healthy or to lose weight, or to decrease inflammation.

They've been trying to do the right thing.

But it's, nothing's changing, nothing's moving.

So I'll try to include the link on why that is okay.
Because I totally get how insulting it can feel
when somebody that is like a size zero
and probably under 40 is sort of chastising you
that there can be a tone of, well,
if you just got motivated,
if you just had some willpower,
then you'd be able to figure this out
and I don't think they're trying to be mean,
I think they really don't get what it's like
that you can actually be an overweight
or just a maybe even obese sort of person
and if they really saw how little you were eating,
they wouldn't believe you
that you're only eating that little
because at some stage of dysbiosis dysfunction in the gut
and the functioning of the processing of energy
that your body is supposed to do with food,
it has instead become a professional store of calorie intake,
a store of energy, versus a user of energy, a consumer of energy,
and the machine of movement and energy and vivaciousness.
That's so sad, right?

So if you're one of those people that you just feel like damn it
I'm doing, I thought it was doing everything right
or I know I tried that before
and it didn't work.

please, I'm just giving you a big hug.

I don't want you to give up on you.

I don't, I just, please don't do that.

Please don't do that to yourself.

You're still here.

You're still alive.

you matter.

I don't care what size you are. Okay.

I want you to try something else.

Because okay, that didn't work.

Okay. That's all right.

There's other things that might, right.

Dr. Jordan Peterson

who I don't agree with everything that he says

but he's having amazing results from different challenges

that he was having, physically by only eating meat.

He's on the carnivore diet. Right.

That sounds so non intuitive, but he is an intelligent guy

and I believe him that he is feeling amazing eating that way.

Are there downsides?

Possibly but you know what,

there are downsides to how was feeling before too. Okay.

You never know what might work for you.

Okay, but just try something.

Okay. See if it works.

Give it two weeks.

Hire a nutritionist.

I know a great one.

I think she's on the call today.

Connie Rutledge

RUTLEDGE.

She's an amazing nutritionist.

She does online clients.

I've hired her.

She gives me great analysis and great information.

and I think of Connie sometimes

Connie, I think of you sometimes in

I mean, even like Connie would be proud.

Right that people pleasing side of Jill likes that

and more importantly, I'm proud of myself

and like, yes, this is what I'm eating today.

You know, I'm not having a muffin dammit.

Yeah. Okay.

Okay. I know we went a little bit of a tangent there.

Okay. Good tangents, though.

Okay, here's Connie.

Speak of the angel.

She's saying thanks for reminding us this truth.

You're so welcome.

Okay, Diane is saying,

Food and habit revamp going on for me, too good.

I do feel like the theme for 2020 is about clarity

and part of clarity is our physical clarity,

the clarity of our gut, right?

Our gut to say, oh, there's food coming in.

Let's not store this.

Let's use this.

Let's burn it.

Let's use it as fuel.

That's what they're eating for after all, right?

when you're not just eating for pleasure,

because it sounded like something that would taste good

and then the pleasure factor is over

what two seconds afterwards?

That's not what food is supposed to be for.

Connie,

She's so sweet,

so happy to hear this

and I got four applauses.

Yay. Thanks, Connie.

Love you.

Okay, Suzanne is saying,

I lost 20 pounds over the last year.

okay, I lost 20 pounds over the last year healing my gut biome

through a combination of Jill's program

and focus and my own studying to do this mostly vegan as well.

Thank you for today, Jill,

very important message. XO.

Good.

I love you guys so much.

You're so

You're so welcome.

I'm glad it's helping.

You're welcome, Catherine,

she's saying, thank you for the message today.

You're so welcome.

Okay, so other things going on this week.

and I realize I totally get it.

But if I don't get this video up until Wednesday, then

or Thursday,

Okay, all right.

So on Thursday, September 19th 2019,

we have our number four of "Ask Me Anything"

that's offered to our members.

Membership is just \$14 per month,

and there are so many events that we do,

you don't need to experience all the events to get the benefit out of it.

I do look at it as you're getting access to the all you can eat buffet,

eat what you like and don't eat the rest, okay?

You don't need to consume all of it,

experience all of it in order to get amazing benefit from it.

Okay, everything is archived.

The other offer with the membership is that you can buy a year in advance

and you save I think it's \$24.

So you get almost two months free by doing the annual version.

Okay. Nice deal.

I like to save money too.

Okay, so that is Thursday, other sort of announcements
of things coming up,

I leave for the Greece trip,

I leave Boise on September 25th

and then we actually get started on September 27th.

So I will have a couple of weeks that are
where I won't be showing live.

But if you follow me, especially on Facebook,
it's easier for me to share on Facebook videos
and pictures and things like that,

I do encourage you to follow along.

Because if I do it like I've done other trips,
my intention is to share updates from where we are
and like experiences that we have that day

so that you guys are

because I feel like you are energetically with us around these trips
and the Greece trip is going to be next level, really, really special.

It's very important that we're going

I feel so excited about what we're going to be doing
as our infinite selves in Greece.

So yeah, for any of you that want to be a part of that

Work and that amazing activation and things that we do.

We have the Zion retreat,

we still have spots available for the Zion retreat,

the dates for that are October 24th through October 28th.

We have Egypt, we still have spots for Egypt.

Egypt is one of the kind.

If you have any questions about Egypt,

please send me an email and I'll probably set up a call for us to talk.

There are

I think a lot of reasons why people that want to go,

don't go and it could be that through a conversation

I can help offer actual experience

and my insights about it, I can't help a money situation

and I understand that that's the main reason

a lot of people don't go on these trips is

because it is expensive to go to the other part of the world

and stay there for two weeks, it is.

So as long as it's not a financial thing, which I can't help you with I'm sorry,

but being responsible.

You know, being responsible for responding to your abilities, right?

do it do it do it

for anything in your life, including travel and things.

But the Egypt trip is January 10th through January 24th.

Again, I do have spots for that amazing group

coming together for that one as well

and then Israel,

the tentative dates are for 2021.

Okay, so that's more a year and more than a year in advance.

The dates are either January 16th through the 24th

or April 18th through the 30th of 2021

and that should be a great trip

and with Israel

I'm offering I will be offering a Jordan option that we go to Israel

and then we go over to Jordan.

It's so close and I love Jordan

and I can't wait to go back to Petra

swimming in the Dead Sea on the Jordan side is just.

actually we may be swimming in the Dead Sea on both sides,

the Israel side and the Jordan side.

Is there another side of Dead Sea?

Not that I know of

maybe another country touches it.

Anyway, I know that there's two countries that touch it.

Anyway. Okay.

Other announcements,

we still have the private session packages available
with the Transcending The Reincarnation programs.

I don't know if there's any more of the private session options
through the Beyond The Ordinary offer.

But I know that there are still private session offers,
which is a discounted private session with me,
along with the amazing course materials through
Carri Murphy's on Straight Talk For The Soul.

Okay.

Okay.

How would you find that you could just do an internet search for
Jill Renee Feeler Transcending The Reincarnation programs.

Okay and then you could start there.

All right.

Okay, let me jump back in the chat room,
and then we will wrap up.

Suzanne, thank you.

She's saying blessings of love for the upcoming Greece trip
and for all the others coming up, always.

So thank you, Suzanne.

I appreciate that

and Donna is saying thanks, Jill.

You're so welcome.

and you are welcome, Diane.

Okay, I love you guys so much.

Thanks for hanging out with me today.

I hope you feel inspired

and maybe upgraded

and clear in the light of source energy

that you are, right now, have always been,

will always be okay.

I love you.

Bye bye for now.

Thank you.

If you like this, thank you for subscribing.

I'm so horrible at reminding,

But thank you for subscribing.

It is a tiny little number

that a tiny little metric that I'm like, oh, people care doing this

and it's mattering.

Anyway, thank you for that.

It's a nice little sign that for those that want to support my work

and want to support the podcast.

Thank you for becoming a member.

It's so easy.

I appreciate it

and I am not just taking your money for nothing

I'm offering even more than what we're doing for free.

That I feel like you'd love.

Okay. All right.

Bye bye for now.

Thank you.

Bye bye.