Greece Adventure for Bringers of Light Sept 27 – Oct 9, 2019

The Oracle at Delphi ~ The Parthenon at the Acropolis ~ Legends such as Plato, Aristotle, Socrates and Pythagoras ~ Supernatural beings such as Apollo, Zeus, Athena

Greece is legendary, for many, many reasons. And it remains a treasure of sacred energies, intergalactic portals, timeless treasures.

We've taken great care, alongside our teams, our Eternal Selves for a custom itinerary, made for us, by us. Some of the places I was shown for us to visit, the travel agency didn't know of. Secret spots waiting for us. The beauty of these lands, the people, the food and wine, the sun as it shines on the waters in a color of blue like you've never seen before. Only in Greece can we experience such an adventure together.

The adventure of a lifetime awaits us in Greece!

TRIP ITINERARY

12 nights/13 days

Day 1: Fri Sept 27, 2019 - Arrival in Athens

Put the 'oh' in opa and embark on an unforgettable exploration of an ancient land of gods and goddesses, myths and legends. After the private transfer to our hotel, please grab something to eat on your own, put on your hiking shoes, check the weather for appropriate clothing and then meet me and the others in the hotel lobby at 12pm.

We will gather, meet each other and receive a special welcome message from our teams/Eternal Selves.

After an activating message, we'll set off on an adventure to a secret spot even the local guides didn't know about: Davelis Cave. We will explore the cave and the surrounding area on this special mountain overlooking Athens. The energy here is legendary for supernatural, even paranormal, experiences and I expect that we will find multiple portals waiting for us to reawaken them from "previous" timelines. There also are rumors of underground passage ways that go from the caves to the city. I wonder if we will feel those hidden passageways as we explore the area on our hike...

We will have a stunning view of the city as we walk back to the trail head, heading back to our hotel to freshen up and meet for Dinner.

Meal(s): Dinner

Hotel: Royal Olympic Hotel 1 night here



Davelis Cave on Penteli Mountain

Day 2: Sat Sept 28, 2019 – Athens to Nafplion

We journey to a land of legends this morning. Our leisurely drive takes us to the scenic northeast Peloponnese and past the impressive Corinth Canal, which straddles two gulfs.

On the bus we can have some connection/meditation time, conversation and Q&A while we enjoy the beautiful scenery on the way to Epidaurus.

Our first stop is the ancient Theatre of Epidaurus and the Sanctuary of Asklepios, God of Medicine, whose snake-entwined staff remains the symbol of medicine to this day. The healers in our group will especially love this day! We continue our journey inland and Mycenae – its ruins remain a testament of what was once an important palatial centre of the late Bronze Age in Greece. Stroll through the Lion Gate and Agamemnon's Royal Palace. In Mycenae our focus will be on the famous 'Treasury of Atreus' which was built on the site of an oracle centre. The mysterious stone placements at the Treasury are impressive, with one particular placement above the entry said to weigh 120 tons (see 25f at http://www.ancient-wisdom.com/top50stones.htm). At dusk, we 'Dive Into Culture' and sample delicious local vintages, gaining insights into the intricacies of the wine production in the Nemea region then spend the rest of the evening exploring the Venetian-inspired seaport of Nafplion. Amble past its Neoclassical mansions or enjoy a traditional meal against the scenic backdrop of the bay.

Meal(s): Breakfast, Hotel Dinner Hotel: Hotel Rex 1 night here

Day 3: Sun Sept 29, 2019 - Napflion to Preveza

This morning we depart Nafplion and make our way Northwast to Preveza where we will check in for a two night stay.

After check in, if you are up to it, grab your walking shoes as we head to view the <u>Venetian</u>

Castle of Parga. It was originally built in the 11th century and has spectacular views of the town

and the sea below. (Apparently the route to the castle is *a lot* of steps – a motivator for any of us less active types to get moving in prep for this special Greece adventure together!)

If you prefer, enjoy the views of the Mediterranean Sea from the comfort of our hotel. I promise not to judge if you pass on the Castle and all its steps (and I promise to take pictures for you).

Before or after dinner let's plan on some messages, Q&A/conversation time, a Self-connecting meditation, helping us integrate the energies we've created so far on this epic trip together.

Meal(s): Breakfast and Dinner

Hotel: Dioni Boutique Hotel (2 nights here)

Day 4: Mon Sept 30, 2019 – Preveza and Acheron River

Join me for a kayak excursion enjoying the natural beauty of the <u>Acheron River</u>. In antiquity, the River Acheron was the most prominent, and important, of the five rivers of the Underworld (which I more correctly state as Otherworlds). I love the irony that some of the most timeless, sacred places on Earth have developed sort of spooky, macabre reputations. What a wonderful disguise for a portal put to sleep for a less conscious Age. Ready to wake them up with me? After all *we* put them to sleep, for protection and safe keeping.

We'll have free time for lunch along the river then return to Preveza.

Later this afternoon there is time to relax or head into a local café for a delicious cup of coffee.

This evening we will have a wonderful dinner at a local restaurant.

Meal(s): Breakfast, Dinner Hotel: <u>Dioni Boutique Hotel</u>

Day 5: Tue 1 Oct, 2019 – Preveza to Kalambaka to Meteora

This morning we continue to the the unique region of Kalambaka where we spend some time looking around before heading to Meteora with its other worldly, rounded cliffs.

This is a very special part of Greece which is farther North, closer to Albania and not included in typical Greek tours. When I saw those rounded cliff tops, I knew we would want to be here and experience its energy special first hand.

We will visit one of the monasteries and enjoy stunning views over the Peneios Valley.

Before or after dinner, we will make time for connecting with our teams as the energies in this area are something I sense we've been deeply looking forward to, even as our Eternal Selves.

Meal(s): Breakfast and Dinner

Hotel: <u>Divani Meteora Hotel</u> (1 night here)



"The Holy Cave"

Day 6: Wed Oct 2, 2019 – Meteora to Portaria

This morning we depart our hotel for a nature excursion to visit Mt. Olympus, home of Zeus and a picturesque spot called Zeus' Bath (no swimming available, sadly) as well as the Holy Cave excursion. We will plan for connection time with our Eternal Selves in the Holy Cave.

We then head to the charming town of Portaria.

The charm of Greece and the varied landscape will become even more apparent at this part of our journey together.

Meal(s): Breakfast, Dinner

Hotel: Hotel Despotikon (1 night here)

Day 7: Thur Oct 3, 2019 Portaria to Itea

On the scenic drive to Delphi and Itea let's create space for enlightening conversation and Q&A. Some of you may want to write down your deepest questions, the bigger the better since we have time together in person to explore all realms of divine consciousness, and expand it!

Tread in the footsteps of the ancient Greeks, who would journey to the <u>sanctuary of Delphi</u> to consult with the most important oracle in the classical world. The meaning of oracle is a priest or priestess acting as a medium through whom advice or prophecy was sought from the gods in classical antiquity. Anyone else feel like a modern day Oracle? (Tip: we have another secret spot in Delphi we will save for the following day.)

Join our Local Specialist and walk the Sacred Way to the 4th-century Temple of Apollo. Apollo was known as the god of prophecy, medicine, music, art, law, beauty, and wisdom. Later he also became the god of the sun and light.

View the statues immortalizing the strength of the athletes who once competed in the Pythian Games, held in honor of Apollo and the Arts.

Later we arrive in Delphi for a wonderful dinner.

Meal(s): Breakfast, Dinner

Hotel: Nafsika Palace Hotel (2 nights here)



<u>∼ Delphi ∼</u>



Corycian Cave above and view of Mount Parnassos

below ~ click link for photo credit and more info



Day 8: Fri Oct 4, 2019 – Delphi free time or Hiking Excursion

Today everyOne is invited to join a local specialist to hike to the Corycian Cave and Castalian Springs. The day before is the standard Delphi tour, known by all the tourists. But, today, the hike up the mountain above Delphi, I'm told is where more of the Oracle, timeless portal energies are. We've found this on other trips as well: the standard tour site is nice but the energies are a little flat and then we learn the more powerful, hidden areas where the energies are

amazing and few to no tourists are around. Well, the strongest, more pure energies are not hidden from us lol.

Yes another cave – lol. The thing is that caves are a great place to safe keep sacred energies, crystalline technology and portals/gateways. The mountain becomes the guardian, watching over the sacred structures, ready to be reactivated again in divine time by beings with the inner keys of light (us). We will perform a connection exercise together and have personal time in the cave to activate the energies. We will know what we are led to upon arriving there.

It is quite a serious hike, possibly 4-5 hours round trip and definitely requiring hiking shoes. We have the guide to help us know where to go. Please plan to bring waters, a snack and possibly some collapsing hiking poles if you feel led. For our less active folks, again, no time like the present to build up your hiking muscles and endurance for the trip.

And, for anyOne that would prefer, a relaxing day in Delphi and at the hotel is sure to provide a wonderful, calm day. No judgment if that is your choice (this is your vacation, too!) and we promise to take pictures to share with you of our adventure.

Meal(s): Breakfast, Relaxing Dinner at our Hotel

Hotel: Nafsika Palace Hotel

Day 9: Sat Oct 5, 2019 – Itea to Athens

After some time to enjoy a delicious breakfast, we circle back to Athens where we meet with a local specialist to see the famous Parthenon, dedicated to the goddess Athena, the Plaka (shopping!) and a chance to view the <u>Acropolis</u> at sunset before our included visit to the museum.

This is classic Athens, right under our feet and visiting these iconic sites feels like such a blessing.

We will definitely feel the Goddess Athena today. Many of us feel a soulful connection to Goddess Athena, knows as the goddess of wisdom, courage, inspiration, civilization, law and justice, strategic warfare, mathematics, strength, strategy, the arts, crafts, and skill.

This evening, we have free time. I'm a total nerd for a Segway tour (they are so fun!!) and am willing to plan a 1-2 hour adventure for anyone who is interested in joining me for this activity before dinner.

Meal(s): Breakfast, Dinner

Hotel: Royal Olympic Hotel (1 night here, same hotel as first night in Athens)



Parthenon ~ Acropolis



Day 10: Sun Oct 6, 2019 – Athens to Santorini

A short flight (not included) brings us to the *beautiful* island of Santorini, our home for two nights. Transfer to our hotel with an orientation on arrival and spend free time exploring this enchanting island before dinner.

Comprising of a small circular archipelago of volcanic islands in the southern Aegean Sea, Santorini is all that remains of an enormous volcanic explosion. The island's spectacular physical beauty coupled with its charming atmosphere makes it one of Greece's most notable destinations and you will see why for yourself.

After our first 9 days together including several hikes, some cave exploration and who knows what levels of empowering energies and divine activations, we deserve this special treat of two nights in Santorini to finish off our adventure.

After getting settled in the hotel we will have free time, for relaxing in the sun at the hotel pool, wandering down winding cobbled streets full of the classic whitewashed houses or possibly schedule a massage for yourself at the hotel spa.

We will be further rewarded for all of the days of our light work/play with breathtaking views on a Sunset Cruise before dinner.

Meal(s): Breakfast, Dinner

Hotel: Santorini Palace Hotel (2 nights here)

Day 11: Mon Oct 7, 2019 – Santorini Free Time

After breakfast, we will receive a special message from our teams/Eternal selves and have time to talk about our trip experiences and all the magic we have created together so far.

Free time to go on your own or join me in further exploring Santorini together. I was here with my husband in 1999 and fell in love with it. I'm so glad we have a relaxing, unscheduled couple of days here together.

If we want to book something let's arrange it as soon as possible to increase options. Early October is still a popular season for visitors. For those registering, please let me know an activity idea and I'm happy to explore it with you and make reservations for those interested. The first 9 days of our trip are quite planned and feel very exciting and activating. The Santorini portion here nearing the end of our trip is designed to allow for more freestyle, less regimented enjoyment of this wonderful island, soaking in our experiences and creating new ones.

Did you know there are legends of Atlantean connections to Santorini? I'm excited to tap into that possibility along with you.

We can check out the views of the magnificent caldera, see the island's ancient ruins or ramble through the winding streets of Fira and Oia. Indulge in a day of sunbathing and relaxation on one of its many beaches or shop up a storm at its boutique stores.

The spa hotel may feel tempting, as well.

Meal(s): Breakfast, Dinner at our Hotel

Hotel: Santorini Palace Hotel



Black Pebble Beach at Perivolos



Wine Tasting Tours



Day 12: Tue Oct 8, 2019 – Santorini to Athens

Santorini freestyle continues for first part of day. Enjoy time to explore, capture more unforgettable photos or possibly acquire some fun souveniers in the many shops.

Later this afternoon we will take our flight back to Athens (not included).

We will have a special Farewell Dinner this evening and reminisce over an incredible journey together in Greece. Special closing message from our teams/Eternal Selves either before or after our farewell dinner.

Meal(s): Breakfast, Farewell Dinner

Hotel: Royal Olympic Hotel (1 night here, same hotel as other stops in Athens)

Day 13: Wed 9 Oct, 2019 – Depart Athens, Flights Home

We say a fond farewell to our newfound friends and the treasures of Greece after the unforgettable journey we've created together.

Meal(s): Breakfast

What's Included:

Minimum Four star accommodations. Private Transfers from Athens airport on arrival day for each guest. Includes meals as noted in itinerary. Each dinner will include water, and one glass of wine or beer. Private transfers from Hotel to Athens airport on departure day for each guest. Tips paid to guides, private drivers, servers at meals. Guaranteed departure – Accommodation, Activities, Transfers, Fees where indicated as per the itinerary.

What's Not Included:

Air travel into and out of Athens pre and post trip.

Air travel to and from Santorini.

Lunches and snacks.

Laundry – Optional and free time activities/extras – Vacation insurance.

General Information

Passport & Visas: Passports must be valid through Jan 7, 2020 to allow entrance into Greece for our dates.

Dietary: Please let me know about special dietary requirements and/or food allergies at the time of booking. We recommend all Vegan travelers to bring some protein supplements to ensure a good balanced dietary aside from vegetables & fruits that will be provided.